Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran

Forecast valid from 06:00 on Sunday 08 Oct 2023 until 23:59 on Monday 09 Oct 2023

Forecast Issued on Sunday 08 Oct 2023 at 03:22 by Met Office Aberdeen

Confidence: Mainly high through the period. Lower for detail of heaviest rainfall on Tuesday.

Headline for Sunday 08 Oct 2023: A wet start Sunday with gusty winds.

Mountain weather hazards on Sunday 08 Oct 2023

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
No Likelihood

Severe chill effect
Low Likelihood

Poor visibility
Medium Likelihood

Thunderstorms
No Likelihood

Heavy persistent rain
High Likelihood

Strong sunlight
No Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Heavy Rain	Light rain	Light rain	Light rain	Light rain	Light rain
Precipitation probability					
80%	60%	50%	60%	60%	50%

Forecast for Sunday 08 Oct 2023

Weather: Heavy rain in the north on Sunday morning soon turning lighter, with southern hills seeing patchier rain but remaining cloudy.

Chance of cloud-free hill tops above 800m: 40% at first, reducing to 10% into the afternoon.

Low Cloud and visibility: Scattered or broken low cloud at first, base 600-800m, increasing into the afternoon to become widespread across the area, lowering to 500-600m. Visibility moderate in rain, good at times in drier interludes, poor on hill tops.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Sunday 08 Oct 2023

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	35/43 SE	29/35 SE	26/32 S	30/37 S	30/38 SW	27/34 SW	21/27 SW
900	27/33 SE	20/24 SE	16/22 S	18/24 SW	19/28 SW	17/24 W	13/18 SW
600	22/27 SE	11/14 SW	11/16 SE	18/24 SW	21/29 SW	19/26 SW	12/17 SW
300	20/35 SE	7/10 SE	8/13 SE	11/19 S	13/21 SW	8/14 SW	7/12 SW
Glen	4/7 SW	3/9 NW	3/7 SE	7/17 SW	9/21 SW	7/16 SW	4/10 W

Height (m)	Temperature / Feels Like (°C)						
1300	5/-2	6/0	7/2	8/4	9/4	8/4	7/2
900	5/-1	6/2	8/4	9/6	10/7	10/6	9/6
600	11/7	10/7	10/8	11/8	12/8	11/8	10/8
300	10/6	10/9	12/10	13/11	13/11	13/11	12/11
Glen	11/11	11/10	12/12	14/13	14/13	14/13	13/13
Freezing Level*	3400m	3500m	3400m	2900m	3000m	2700m	2400m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Feeling unpleasant in heavy rain and strong winds.

Forecast for Monday 09 Oct 2023
Weather: A cloudy start to the day with any patchy rain or drizzle clearing through the morning. Drier and brighter during the afternoon but perhaps a few showers in the north into the evening.

Maximum wind: Northwesterly 10-15mph, becoming southwesterly later.

Chance of cloud-free hill tops above 800m: 20% improving to 80% into the afternoon.

Low Cloud and visibility: Widespread low cloud base 400-600m at first, breaking up and lifting through the morning to become few or scattered 700-800m. Poor near summits at first but otherwise good.

Temperature: **Glens:** Plus 11 to 14 Celsius
At 800m: Plus 5 to 7 Celsius
Freezing level: Above summits

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